

# Action Plan - Year One

<b>Name:</b>  My hobbies/interests: <div style="border: 1px solid black; height: 40px; width: 100%;"></div> My top three values: <div style="border: 1px solid black; padding: 2px;">1.</div> <div style="border: 1px solid black; padding: 2px;">2.</div> <div style="border: 1px solid black; padding: 2px;">3.</div>	TypeFocus personality profile: What does this mean to me? <div style="border: 1px solid black; height: 60px; width: 100%;"></div> TypeFocus interest profile: What does this mean to me? <div style="border: 1px solid black; height: 60px; width: 100%;"></div>
--	---

## Self Assessment and Skill Development

- Explore [TypeFocus, What Can I Do With This Major, Candid Career](#), or any other career exploration resource you choose. Write down three careers that seem interesting and you want to learn more about here.



Watch a [Candid Career](#) video about this career. What do you think success for you would look like in this career? What would your day be like?



- Choose one career to pursue right now (you can change it later, just make a decision) and list the skills people should have to excel in this job. Highlight the skills you have right now.

1.
2.
3.
4.
5.
6.
7.
8.

- Name one skill that you will need to develop to excel in this career.

--

Why do you need this skill?

--

- What is one way you can develop this skill right now? Think of the following:
  - Academic Courses?
  - Student organization?
  - Volunteering?
  - Online resources?
  - What else can you think of?



You can repeat this exercise with other careers or other skills, but in order to truly develop your skills you should only focus on one or two at one time.

- ❑ Check out “[What Can I Do With This Major](#)” to start thinking of possible majors that would give you a strong start for this career. List a few ideas:

**Barriers to reaching your goals**

- ❑ There are many potential obstacles that could make a certain career path difficult or scary to pursue. List one potential obstacle (or more) that you might encounter when pursuing this career. These could be financial, geographical, skill-based, social, or other type of obstacle.

Potential obstacle:

How will you overcome this obstacle?



Find links to all of the resources listed on the action plan (and more) on our [Job Search page](#)! Use this space to keep track of other resources you find.

